

# Activity Report

2020/2021







# INDEX

<b>1. Message from the President</b>	3
<b>2. Who we are</b>	5
<b>3. Big Hand methodology</b>	7
- Children	8
- Schools	9
- Communities	10
<b>4. Our actions</b>	11
- Preventing Covid	13
- IDAI cyclone	15
- Water hole in Montechimoio	17
- Social room in Chipaco	18
<b>5. Donations and Funds</b>	19
<b>6. Challenges for 2022/2023</b>	21
<b>7. Partners and friends</b>	23



# MESSAGE from the President



My friends, companions, godfathers and godmothers, donors and volunteers who walk together with me on this path of changing the world of vulnerable children and young people in Mozambique.

Ten years ago The Big hand was born from the will of three people to change the World. Me and two other people who did not know me very well but who were sitting at a coffee table and decided to give me a little push to help turn an idea into an action that generated so many others that culminated in OUR fantastic project.

And I say our because without you my friends, Godfathers, Godmothers, Donors and Volunteers it would not have been possible!

As I said at the beginning of this adventure when the sun is strong it is strong for everyone, when it rains it is the same for everyone and when there is a lack of water, food or health it affects us all. So, whenever we enter a community we go to the school and start working with and for all the children. When we drill a borehole, it's for them and all the children in the community, when we build a classroom, it's for everyone, when we build a social room, it's for the whole community.

**I can only help one child if I help them all!**  
**We started with 80 children in the sponsorship programme and today we have 660, with more than 1,000 children having already passed through the Program for Children at Risk.** In 2010, we supported one school, today there are six. We started with 2,500 children benefiting indirectly from our support and today there are 9,100 children! Without discrimination! Without choices! Without exceptions!

Looking back, I started in 2010 with some community meetings with interpreters, nobody knew me, I didn't speak any dialect, I was just a kid with a rucksack on my shoulder and a battered cap on my head who hitchhiked to communities and schools to explain who I was and what The Big Hand was and how with very little we wanted to help so many.

It wasn't always simple... But after a year, the village mums were raising their voices and saying *BIG HAND STAY! Big Hand helps! Big Hand protects! Big Hand gives drinking water and school! Big Hand stay!*

And those smiles coming from mothers, fathers, children, families and people who live with so many difficulties in their daily lives is the best thanks we can have!

Even today, whenever I visit a new village whose population is suffering, I feel a tight spot in my stomach because there is still so much to do, but then comes the enthusiasm, the ideas, the projects and the actions and when we notice, we are already transforming the life of the community.

And that's ten years! They passed quickly, but they were fantastic!

Am I satisfied? Very satisfied! I hope you are too. Do I want to stay here? No! Let there be another ten years of hard work!

We expect in the next biennium to return to full work, after COVID, to reopen the pre-school programme with more than 200 pupils, to finish the construction of 3 classrooms and a social room in Montechimoio and then to try to respond to more communities that are asking us for help.

We also want to open two computer rooms for young people, one in the village of Matsinho and the other in Messica. We plan to extend the Mobile Health Unit programme and return to the field with the health teams.

I say goodbye, by saying how fantastic you all are and that together we have shown that it is possible to change the world! I want to thank everyone who helps us every month, and especially those who, on a voluntary basis, whenever Mozambique goes through a difficult situation, increase their contribution. It is a gesture of affection and immense trust that we receive and that leaves us with our hearts full to do even more.

Thank you for the likes, shares, messages and emails that you send us, they are all very important to us and give us the support we need to never lose courage.

I thank from the bottom of my heart all the godfathers, godmothers and donors who make this dream possible and allow these children to be happier, and to have a better future little by little every day. I leave a special hug for the godfathers and godmothers who have been with us all along this journey, from the beginning, and who when their godchildren finish their studies, continue their support by sponsoring a new child or a Village.

To the volunteers, your strength has given me the courage to continue and never give up. A big thank you to all. My warmest regards to Ana Almeida and Cristina Augusto for years of companionship and dedication! Thank you for everything!

In this report I leave a special thank you to Sérgio, for the heart and determination you have in making this a better world. I once read that *if you want to be good you get along with someone who is exceptional!* Thank you for everything! We will always be together my friend! Without that lunch, this whole dream would not have been possible!

I thank from the bottom of my heart the members of the governing bodies and the team for the trust and affection with which they help me to make all this possible! Thank you all, today there are almost 10,000 smiles thanks to you! Thank you all!



A big hug!  
David Fernandes







## Where we are? **MOZAMBIQUE**

### WHO WE ARE

The Big Hand is a nongovernmental organization for development that promotes the well being of children that live in unfavourable conditions, with a particular attention to orphan girls, ensuring their access to education, healthcare and nutrition, to clean water and basic sanitation.

Through a child centred model The Big Hand builds schools, invests in equipment, in teacher training and develops, in partnership with the local agents, inclusive programs that seek to prepare the children for the challenges of life in close connection to the community in which they live in. The Big Hand is a transparent institution in terms of its processes, from citizens to citizens, and is open to any person or entity that wishes to help us change the world.

### OUR MISSION

The Big Hand is a citizens' organization that intends to contribute to the development of the communities where it works in, through its pedagogical model centred on the child. It works in partnership with local communities and organizations and builds 'Child friendly schools' based on UNICEF's best practices.

### OUR VISION

The Big Hand believes that educated children in a healthy environment will change the world. It believes in a world where all children will be treated with dignity, in a world that protects its children, guaranteeing them access: to the protection, nutrition, clean water, sanitation, health, shelter, quality information and education that allows them to achieve their full potential and thus contribute to their community and to the world.



Província  
de  
**Manica**



# Big Hand METHODOLOGY

The Big Hand believes that all children deserve an opportunity and that only by helping all the children in the village is it possible to break the cycle of poverty in which they live in. Thus, The Big Hand performs at 3 levels:



## CHILDREN

Close to children at risk, orphan and vulnerable children, ensuring their access to essential and primary goods such as healthcare and nutrition, education and hygiene, culture and sport.



## SCHOOLS

Close to the village school, supporting the School Board and the Parents/ Guardians in their effort to improve the conditions in which the children study, building school equipments such as classrooms, libraries and toilets, reinforcing School clubs, Health clubs, Sports and Girls (children's rights, gender equality).



## COMMUNITIES

Close to the formal and informal leaderships of the village, supporting the local Chiefs in their effort to improve the quality of life of the population, building social equipments such as water holes, clothes washing tanks and latrines, supporting micro-businesses and reinforcing the work of the local Medical Centre with the support and promotion of the mobile Health unit.



## CHILDREN

Big Hand believes that all children educated in a healthy environment will be people, citizens. More active mothers and parents. Using all their skills, they will work to improve their community and build a better world.



To achieve this objective, the Big Hand program provides all children with:



School Support



School Material



Workshops



School and Sporting  
Uniforms



Clothing



Traditional Games  
and Sports



Tutor



Hygiene Kits



Nutrition and  
Health Plan



Family Visits



Food Plan





# SCHOOLS

The Big Hand Friendly School program seeks to create the conditions necessary so that the child can study with security and in a supportive environment. It is our goal to ensure children's access to essential goods such as clean drinking water, sanitation, health care and nutrition, lighted and well-aided classrooms, as well as to stimulate an eclectic and inclusive pedagogical plan.



## 1. REHABILITATION AND CONSTRUCTION OF SCHOOL EQUIPMENTS



Pre-School Rooms



Classrooms



Latrines (W.C.'s)



Fountains

## 2. DISTRIBUTION OF INDIVIDUAL KITS



School Material



Hygiene

## 3. PROMOTION/SUPPORT OF SCHOOL CLUBS



Health



Gender Equality



Sports



Culture

## 4. PROMOTION OF PERSONAL HYGIENE HABITS



# COMMUNITIES

## 1. REHABILITATION AND BUILDING OF SOCIAL EQUIPMENTS



Community Kitchen



Water Hole



Tanks for Washing Clothes



Bakery/Social Oven

## 2. PROMOTION OF COMMUNITY CULTURE AND SPORT



## 3. PROMOTION OF COMMUNITY HEALTH



Bicycle Ambulance  
Community Health Agent



Mobile Health Unit  
Health Education Sessions



We listen to the concerns and needs of the population, so that the school contributes to the resolution of community problems.







# Our ACTIONS



**9100 children** benefit from  
the action of The Big Hand





# Preventing COVID



## Covid statistics 2020/2021



**660 children** sponsored  
**10000** on indirect **support**



**31680 home** visits



**1320 social masks**  
distributed



**2200 clothing items**  
distributed



**1000 kg of seeds**  
distributed



**29040 meals**  
per month



**10405 hygiene kits**  
distributed



**2640 medical consultations**  
to children



**96 hospitalizations**  
of children



# IDAI Cyclone



## 35 HOUSES LATER...

The year 2019 began abruptly with the passage of Cyclone IDAI that caused unqualified damage in the communities. With great luck, in our Villages the damage was only material, but still causing much suffering. **In the face of this situation, the Big Hand Team acted immediately and, in addition to emergency support, identified 35 families whose damage left the children in an extreme risk situation.**

Thanks to the solidarity and commitment of our volunteers, of our friends, of the fans of **v.F.C de Setúbal**, of the organizers of the Solidarity Concert and of the **ASSOCIAÇÃO AJUDAR MOÇAMBIQUE**, two years later, our mission is accomplished!

**We've finished the 35 improved homes for the families!** From the bottom of my heart and with immense happiness, a huge thank you!







## CHIPACO SOCIAL ROOM "Combino é combino!"

As the grandmother of Chipaco says, combino is combino! We managed to realize a very big dream, to build a social room in Chipaco that will serve the population as a school, place of worship, to develop actions of the Big Hand project and for cultural meetings.

**The joy of the population is our joy! A well done to all of you! Thank you for these smiles!**



## Drinking water in MONTE CHIMOIO

It is with great joy that we write and share the pictures of the population using the borehole in Monte Chimoio. **One more community where drinking clean water has become possible thanks to you! We thank all the sponsors, friends, donors and volunteers who made this dream possible. A big thanks to all of you.**





# Donations and FUNDS

## 2020 Received Donations

# 2020

Godfathering/regular donations	78%
Punctual donations	12%
Support for IDAI	9%
Merchandising	1%
	100%

## 2020 Used Donations

Friendly School program Mozambique	74%
Human resources	13%
Suppliers	11%
Taxes	2%
	100%

## 2021 Received Donations

# 2021

Godfathering/regular donations	85%
Punctual donations	11%
Support for IDAI	3%
Merchandising	1%
	100%

## 2021 Used Donations

Friendly School program Mozambique	75%
Human resources	14%
Suppliers	9%
Taxes	2%
	100%

Only with everyone's support will it be possible to provide children, as well as communities, with the tools and structures necessary to achieve **sustainable development** and thus contribute to the eradication of poverty.

Contabilidade  
certificada por

**4 Options**  
Consulting, Lda.



# Challenges for 2022/2023

Despite the continuing difficulties and challenges, it is essential to continue to support children, schools and communities in order to break the cycle of poverty in which populations at risk find themselves in.



## THEREFORE, FOR 2022/2023 WE WANT TO:

- Increase the number of children covered by the Big Hand programme
- Increasing the number of children in pre-school education
- Build 3 classrooms in the Montechimoio community
- Maintain the food safety programme
- Maintain support for primary health care



# PARCEIROS e Amigos



**ACCAN** - Associação Colaboradores Caixa Noroeste  
**ANAFS** - Associação Nacional dos Alistados das Formações Sanitárias  
**Alfalau** Consultoria em Informática, Lda  
**agap2IT**  
**Bemol**, Lda  
**Bernardo Durão** Arquitectos  
**Blacktarget**, Lda  
 Câmara Municipal de **Setúbal**  
 Centro de Informação **Europe Direct**  
 Clínicas Médicas **Dr Olívio Dias**  
**Creativecell** Design Publicidade  
**Edgar Vidal**, Unip Lda.  
**Flexinetworks** Unipessoal Lda  
**G.U.N.A.S.**  
**GUSTEXTEIS** - Sociedade Unipessoal, Lda  
**Hanon Systems** Portugal  
**HelpingPath** - United Charitable Programs, inc  
 Hospital Veterinário **Atlântico**  
**Iberweb** Lda  
**INTERORTO** Artigos Ortopédicos Lda  
**Ledemar Rodrigues** Filho Lda  
**Matherprofit** Consulting Lda  
**Manuela Grangeia** Agente Textil Unip Lda  
**Medsimlab**  
**Modern Marathon**  
**NOCOS** S.A  
**Polisistemas**  
**PROMASIR**- Prod Manut Sist P/recolha R, Lda  
**PRN Informática** Lda  
 Restaurante **Legendas do Mar**, Lda  
**REBOLA & FILHO**, Lda  
**Rotary Clube de Braga-Norte**  
**Rotary Clube Oliveira do Hospital**  
**Rotary Clube Internacional do Chimoio**  
**Rotary Clube Oliveira de Azeméis**  
**Rotary Clube de Paredes**  
**Rotary Clube de Berlim**  
**Rotas em Sintonia**  
**SOHI MEAT SOLUTIONS** - Distribuição de Carnes, S.A  
**Sunruca Properties**, Unipessoal Lda  
**Tipografia Papelaria e Livraria Ahmed**  
**Venum** - Investimento Imobiliário, Lda  
**Vestidus de Conceição Godinho** Unipessoal, Lda  
**Visteon Portuguesa**, Lda  
**Zoo de Lisboa**

Agrupamento de **Escolas Nuno Álvares** C.B.  
**Academia Sénior Penamacor**  
**Colégio Atlântico**  
**Colégio Centeio**  
**Colégio Dinis de Melo**  
**Colégio do Castanheiro**  
**Colégio Integrado Monte Maior**  
**Colégio Mira Rio**  
**Colégio São Filipe**  
**Escola Básica Integrada de Angra do Heroísmo**  
**Escola Básica D. António Ferreira Gomes**  
**Escola de Condeixa a Nova**  
**Escola de Dança Kisata**  
**Escola Lima de Freitas**  
**Escola Profissional Val do Rio**  
**Escola Profissional de Torres Novas**  
**Escola Secundária de Amora**  
**Infantário Girassol**  
**Oporto British School**











THE  
**BIG  
HAND**.ORG  
CHILDREN FIRST

**Portugal**

Continente CascaíShopping  
To the care of The Big Hand  
Estrada Nacional Nº. 9  
2645-543 Alcabideche  
T: (+351) 926 362 067

**Mozambique**

Caixa Postal 188 Chimoio  
T: (+258) 84 74 83 606

geral@thebighand.org  
**www.thebighand.org**