

More than a ton OF SEEDS DISTRIBUTED THROUGHOUT THE COMMUNITIES!

The Big Hand, during 2022, distributed more than a ton of seeds to the communities of the Villages of Matsinho, Messica, Chipaco and Monte Chimoio. With special attention to the most vulnerable women, in order to guarantee their food security and that of the children they have in their care as mothers, grandmothers or older sisters.



We welcome OUR BABIES!

The Big Hand Team continues to ensure that mothers, in labour, are assisted at the Village Health Centre so that, with specialist care, they are properly cared for and babies can be born safely. Thank you to the godfathers and godmothers who allow these miracles to happen!



IT Support to the MATSINHO HEALTH CENTRE

The Matsinho Health Centre is made up of a team of 13 nurses who, led by Nurse Odete João, are divided daily between the maternity services, vaccination, treatment room, child health consultations, family planning, pregnancy monitoring and adult and elderly health. In order to improve its operation, The Big Hand offered the Health Centre IT equipment, specifically, a computer and a printer with their respective components and consumables.

Good work everyone!



Mobile UNIT

In this second semester the Mobile Health Unit continued to take primary care to those who live further away. Congratulations to the Nurses and the Big Hand Team for continuing to protect those who need it most. Thank you to all the sponsors, donors, volunteers and friends who support this initiative and help us reach more and more children and communities in need of help.

Mobile Unit in numbers in the 2 nd semester of 2022

Family Planning Consultations	89
Vaccinated children	225
Dewormed children	243
Vitamin A booster	243
Consultations	305



1st Edition of the EFANOR MISSION - PROJECT ELIMU

It was in July and August 2022 that we had the privilege of receiving 14 youngsters and 4 teachers from the Colégio Efanor on the 1st Mission to the villages of Matsinho and Montechimoio with the objective of rehabilitating several rooms and building the first "solar island" in the village of Montechimoio. The "Solar Island" was totally financed by the youngsters through various solidarity campaigns carried out at the college during the 2021/2022 school year. A small structure full of symbolism and importance for the development of the village as it allows to bring energy to the population, thus ensuring free access to a charging point for small devices such as radio and mobile phone. A fundamental aspect to break the circle of poverty in which the community lives. Full of joy, dedication and hard work, the youngsters left in the communities a true symbol of hope and friendship! To the youngsters, the teachers and the entire Efanor community, parents and friends, we leave, on behalf of the children of the villages, our deepest and most sincere gratitude for their courage and dedication! Cheers everyone! Thank you all!



Visit of THE GODMOTHERS

It was with great affection and joy that we received the Godmothers and Friends Big Hand, Ana Cudell and Joana Aguiar, who visited the project and dedicated themselves to improving our nursery for two weeks. Thank you Ana and Joana for all the dedication



Partnerships for DEVELOPMENT

The joint military training mission of the FADM and the European Union, as part of its social responsibility, visited the Big Hand Villages and delivered the order of the Dress a Girl Portugal movement with 600 pieces of clothing, including dresses and shorts, for children at risk. Our thanks to all the members of the Joint mission of FADM and the European Union for their affection and friendship. And to all Dress a Girl seamstresses for the love and care they put in each piece they produce. Thank you both for these smiles!



Construction of **CLASSROOMS**

The construction of the 3 new classrooms in the village of Montechimoio continues at a good pace. Soon we can declare the works concluded and ask the Government to place the furniture so that in the new school year, which begins in February 2023, the children and teachers can enjoy the new facilities.

One more reason for us all to be proud! Thank you!



Sponsor a **VILLAGE!**

Sponsoring a child is an act of love. It is transformative for the child and for the Godfather or Godmother. Unfortunately, due to the extreme poverty conditions in which they live, many children migrate with their families in search of better opportunities for survival. This inevitably leads to a breakdown in communication and in the relationship between the child and the Godfather or Godmother. Because we are saddened by this cut and because in the Village there are many children, a whole community, in need of support, we ask Big Hand Godfathers, Godmothers and Friends to spread the possibility of "Sponsoring a Village". A way to help the whole community to break the poverty circle in which it is in by transforming the Village into a child-friendly Village for future generations! Spread the word! Thank you! P.s.: Find out more at www.thebighand.org

